

First Consult 最先进的在线专家诊疗系统

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First CONSULT Evidence based answers for the point of care

Medical Topics

Differential Diagnoses

Procedures

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

Select a letter above to view all medical topics starting with that letter.

About First Consult

First Consult is an authoritative evidence-based and continuously updated clinical information resource for healthcare professionals. At the point of care, it provides instant, user-friendly access to the latest information on evaluation, diagnosis, clinical management, pro

- Medical Topics are First Consult's comprehensive database of clinically-compiled, regularly updated information on patient evaluation, treatment, tests, prevention, and much more

- **鉴别诊断 (Differential Diagnoses)**

按照A—Z字母顺序排列的体征和症状列表，以及超过1800种诊断，并可按照年龄和流行性进行比较、阅览

- **临床主题 (Medical Topics)**

提供持续更新的患者评估、诊断、治疗、测试和预防等方面权威的循证医学信息，主题涵盖23个学科领域

- **操作程序 (Procedures)**

通过视频剪辑、动画演示和关键步骤说明，提供系统、清晰、权威的操作系统、并可获得专家推荐的临床要点，每项操作都遵循循证医学指导

一、临床主题



检索小技巧

- 在检索框中输入主诉关键词
- 点击A-Z按钮，直接跳至相关主诉症状

The screenshot shows the MD CONSULT website. At the top, there is a navigation bar with links for Home, First CONSULT, Books, Journals, The Clinics, Patient Education, Drugs, Guidelines, Images, News, and CME. Below this is a search bar with the text 'First Consult' and a search button. The main content area is titled 'First CONSULT Evidence based answers for the point of care'. There are three tabs: 'Clinical Topics', 'Differential Diagnoses', and 'Procedures'. The 'Clinical Topics' tab is active, showing an alphabetical index from A to Z. The letter 'B' is highlighted, and a list of conditions starting with 'B' is displayed. A red box highlights the 'Clinical Topics' tab and the alphabetical index. Another red box highlights the 'Back pain' entry in the list, with the text '举例：背痛' (Example: Back pain) next to it. A third red box highlights the entire list of conditions, with the text '临床主题索引栏' (Clinical Topics Index Bar) next to it. On the right side, there is a sidebar titled 'First Consult Handheld' with a download link for PDA or PocketPC.

临床主题举例----背痛



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You are here: [Home](#) > [First Consult](#) > [Medical Topics](#) > [Back pain](#)

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目录说明

- 每项疾病主题包含7个主选项:概要、背景、诊断、治疗、结果、预防和相关资源
- 每项主选项又包含6-12个子选项,提供深入浏览
- 内容每周更新

Close

- **Summary**
 - Description
 - Synonyms
 - Immediate action
 - Urgent action
 - Key points
- **Background**
 - Cardinal features
 - Causes
 - Common causes
 - Rare causes
 - Serious causes
 - Contributory or predisposing factors
 - Epidemiology
 - Incidence and prevalence
 - Demographics
 - Codes
 - ICD-9 code
- **Diagnosis**
 - Clinical presentation
 - Symptoms
 - Signs
 - Associated disorders
 - Differential diagnosis
 - Low back strain (and other mechanical causes)
 - Osteoarthritis
 - Osteoporosis
 - Lumbar disc disease
 - Spinal stenosis

目录

Back pain

Last updated: 23 Aug 2007 [Contributors](#)

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Evidence based answers for the point of care

Summary

Description

- Back pain is usually due to benign, mechanical causes
- A small number of cases are due to rare, but serious conditions
- Symptoms will settle within a week in about half the patients, and within a month in more than 90% of patients
- Most common cause of disability in individuals aged under 40 years
- Investigations are only indicated if there is clinical suspicion of underlying serious pathology, or if the symptoms persist in spite of adequate treatment for a reasonable period of time

Synonyms

- Low back pain
- Backache
- Lumbago
- Lumbalgia

Immediate action

Spinal cord compression, cauda equina compression (uncommon), and significant neurologic deficit are surgical emergencies and should be referred immediately.

Urgent action

If there is a high clinical suspicion for malignancy or infection of the spine, further investigations should not be delayed.

Key points

阅读栏

Done

Internet

与世界医学联网, 同步国际医学信息

二、鉴别诊断



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鉴别诊断

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

- Abdominal bloating
- Abdominal mass
- Abdominal pain, chronic
- Abdominal pain, chronic/recurrent
- Abdominal pain, generalized/periumbilical
- Abdominal pain, left lower quadrant
- Abdominal pain, left upper quadrant
- Abdominal pain, recurrent
- Abdominal pain, right lower quadrant
- Abdominal pain, right upper quadrant/epigastrium
- Abdominal rigidity
- Abnormal decreased tearing
- Abnormal increased tearing
- Abnormal involuntary movements
- Abnormal placental scan
- Abnormal prostate
- Abnormal stool color
- Abnormal tongue
- Abnormal vaginal bleeding
- Acute ataxia
- Acute chest pain

举例：腹胀

First Consult Handheld

First Consult for your PDA (Palm or PocketPC) is available for download.

- Download First Consult on Pocket Consult

Internet

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二、鉴别诊断 - 举例：腹胀

Last updated: 14 Feb 2007

Select one or more conditions below in an age group and click "Compare" to compare clinical features. Conditions with asterisks(*) should be ruled out urgently.

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Evidence based answers for the point

Baby 0-1 years	Child 1-12 years	Adolescent 12-18 years	Adult 18-45 years	Middle age 45-65 years	Senior adult 65+ years
<input type="button" value="Compare"/>	<input type="button" value="Compare"/>	<input type="button" value="Compare"/>	<input type="button" value="Compare"/>	<input type="button" value="Compare"/>	<input type="button" value="Compare"/>
Select: All or None	Select: All or None	Select: All or None	Select: All or None	Select: All or None	Select: All or None
<input type="checkbox"/> Aerophagy <input type="checkbox"/> Nonabsorbable carbohydrate <input type="checkbox"/> Gastroenteritis <input type="checkbox"/> Lactose intolerance <input type="checkbox"/> Gastric dilation <input type="checkbox"/> Intestinal obstruction* <input type="checkbox"/> Imperforate anus* <input type="checkbox"/> Giardiasis <input type="checkbox"/> Malabsorption <input type="button" value="Compare"/>	<input type="checkbox"/> Fatty food intolerance <input type="checkbox"/> Gastroenteritis <input type="checkbox"/> Nonabsorbable carbohydrate <input type="checkbox"/> Gastric dilation <input type="checkbox"/> Irritable bowel syndrome <input type="checkbox"/> Aerophagy <input type="checkbox"/> Intestinal obstruction* <input type="checkbox"/> Giardiasis <input type="checkbox"/> Malabsorption <input type="checkbox"/> Lactose intolerance <input type="button" value="Compare"/>	<input type="checkbox"/> Fatty food intolerance <input type="checkbox"/> Gastroenteritis <input type="checkbox"/> Lactose intolerance <input type="checkbox"/> Nonabsorbable carbohydrate <input type="checkbox"/> Intestinal obstruction* <input type="checkbox"/> Giardiasis <input type="checkbox"/> Celiac disease <input type="checkbox"/> Gastric dilation <input type="checkbox"/> Malabsorption <input type="checkbox"/> Aerophagy <input type="button" value="Compare"/>	<input type="checkbox"/> Irritable bowel syndrome <input type="checkbox"/> Fatty food intolerance <input type="checkbox"/> Dyspepsia (non-ulcer) <input type="checkbox"/> Lactose intolerance <input type="checkbox"/> Nonabsorbable carbohydrate <input type="checkbox"/> Gastroenteritis <input type="checkbox"/> Peptic ulcer <input type="checkbox"/> Malabsorption <input type="checkbox"/> Giardiasis <input type="checkbox"/> Intestinal obstruction* <input type="checkbox"/> Celiac disease <input type="checkbox"/> Carcinoid syndrome <input type="button" value="Compare"/>	<input type="checkbox"/> Dyspepsia (non-ulcer) <input type="checkbox"/> Lactose intolerance <input type="checkbox"/> Irritable bowel syndrome <input type="checkbox"/> Nonabsorbable carbohydrate <input type="checkbox"/> Peptic ulcer <input type="checkbox"/> Fatty food intolerance <input type="checkbox"/> Malabsorption <input type="checkbox"/> Gastroenteritis <input type="checkbox"/> Celiac disease <input type="checkbox"/> Giardiasis <input type="checkbox"/> Intestinal obstruction* <input type="checkbox"/> Carcinoid syndrome <input type="button" value="Compare"/>	<input type="checkbox"/> Peptic ulcer <input type="checkbox"/> Dyspepsia (non-ulcer) <input type="checkbox"/> Lactose intolerance <input type="checkbox"/> Nonabsorbable carbohydrate <input type="checkbox"/> Gastroenteritis <input type="checkbox"/> Intestinal obstruction* <input type="checkbox"/> Malabsorption <input type="checkbox"/> Fatty food intolerance <input type="checkbox"/> Celiac disease <input type="checkbox"/> Giardiasis <input type="checkbox"/> Carcinoid syndrome <input type="button" value="Compare"/>

各个年龄段中引起腹胀的各种疾病列表

1. 确定病人所属年龄段（例：确定病人的年龄段为18-45岁）
2. 选择要进行对比的疾病名称（例：选择“Irritable bowel syndrome”肠易激综合症 和“Dyspepsia (non-ulcer)”消化不良）
3. 点击**Compare**进行对比



红色文字表示急重症

与世界医学联网，同步国际医学信息

一、鉴别诊断 - 举例：腹胀



Browse Index ↶ Return to main table ↶

Abdominal bloating

Last updated: 14 February 2007

To evaluate clinical features select characteristics.

- Onset
- Male:female ratio
- Ethnicity
- Character
- Location
- Pattern
- Precipitating factors
- Relieving factors
- Clinical course
- Co-morbidities
- Procedure results
- Test findings
- Show all characteristics
- Show images

Irritable bowel syndrome 肠易激综合症

- **Onset:** Insidious
- **Character:** Abdominal pain, often in the lower abdomen, associated with change in stool frequency or consistency; pain is often worse after meals, relieved with defecation; patients may report abdominal distension and bloating, mucus in stools, and worsening of symptoms with stress; alternating constipation and diarrhea is common; patients do not have fever, weight loss, or bloody diarrhea
- **Pattern:** Pain often worsens with meals; patients do not wake up at night with symptoms

View full Medical Topic on [Irritable bowel syndrome](#).

Dyspepsia (non-ulcer) 消化不良

链接MD Consult

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- **Onset:** Usually insidious
- **Character:** Constellation of symptoms that are different for each patient. Abdominal or epigastric discomfort, bloating, early satiety, distention, nausea/vomiting
- **Pattern:** Nonspecific

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三、操作程序



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A B C D E F G H I J K **字母导航栏** L M N O P Q R S T U V W X Y Z

- Abdominal paracentesis **举例:腹部穿刺术**
- Abscess incision and drainage
- Acute wound care
- Airway management
- Amniocentesis
- Anal abscess incision and drainage
- Anesthesia, local
- Ankle and foot splinting, casting and taping
- Anoscopy
- Arterial line and puncture
- Arthrocentesis, knee
- Arthrocentesis, shoulder joint
- Aspiration, knee
- Audiometry, impedance

三、操作程序 – 例：腹部穿刺术

概要

指示:

- 操作程序指示
- 操作程序优势

禁忌:

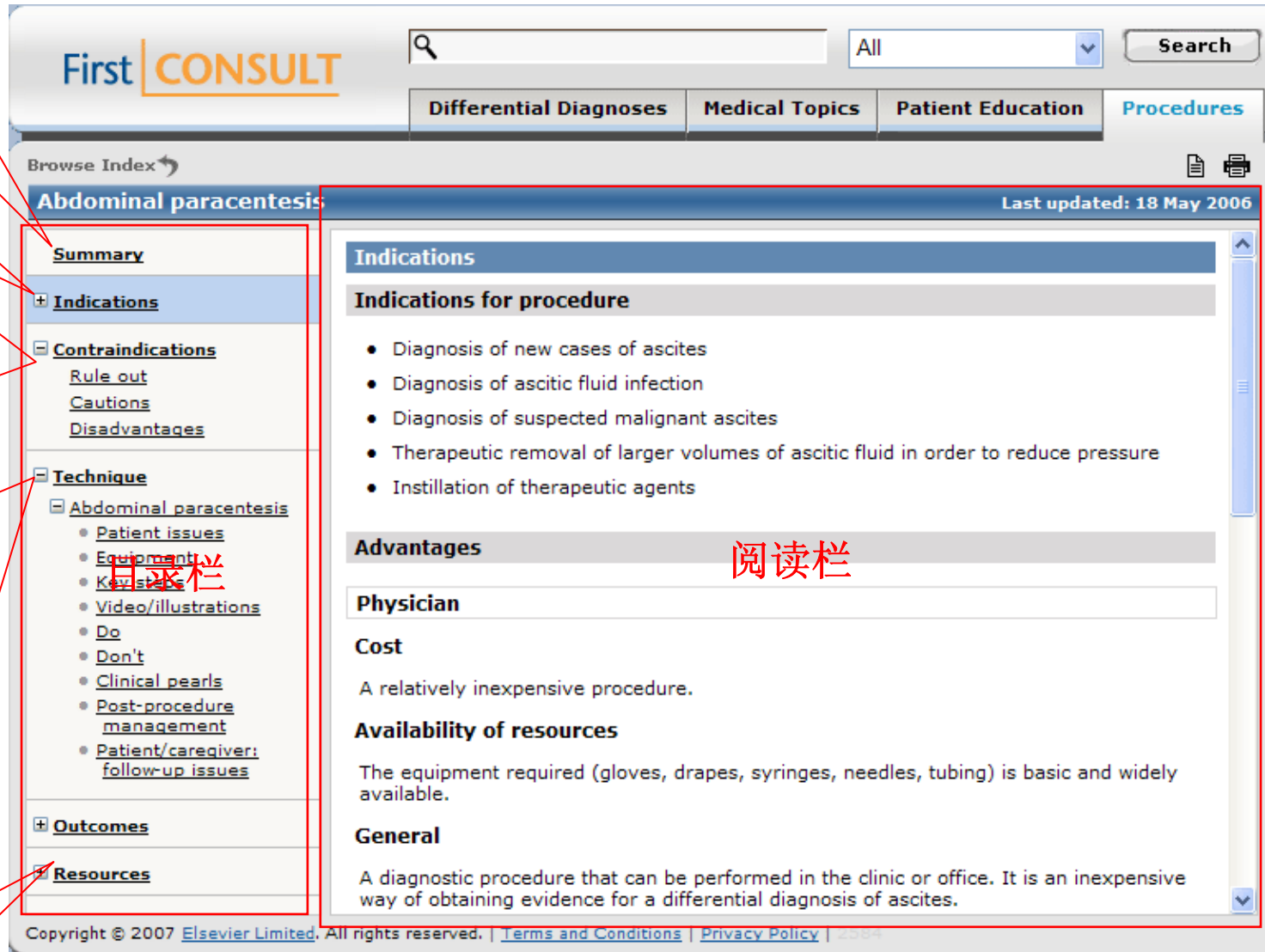
- 取消
- 注意事项
- 不利

操作（腹部穿刺术）

- 患者问题
- 设备、工具
- 关键步骤
- 视频/图解
- 要做的
- 不能做的
- 临床集锦
- 操作后处理
- 病人关爱-跟进

结果

更多相关资源



First CONSULT All

Differential Diagnoses Medical Topics Patient Education **Procedures**

Browse Index Last updated: 18 May 2006

Abdominal paracentesis

Summary

- + **Indications**
- **Contraindications**
 - [Rule out](#)
 - [Cautions](#)
 - [Disadvantages](#)
- **Technique**
 - **Abdominal paracentesis**
 - [Patient issues](#)
 - [Equipment](#)
 - [Key steps](#)
 - [Video/illustrations](#)
 - [Do](#)
 - [Don't](#)
 - [Clinical pearls](#)
 - [Post-procedure management](#)
 - [Patient/caregiver: follow-up issues](#)
- + **Outcomes**
- + **Resources**

Indications

Indications for procedure

- Diagnosis of new cases of ascites
- Diagnosis of ascitic fluid infection
- Diagnosis of suspected malignant ascites
- Therapeutic removal of larger volumes of ascitic fluid in order to reduce pressure
- Instillation of therapeutic agents

Advantages

Physician

Cost

A relatively inexpensive procedure.

Availability of resources

The equipment required (gloves, drapes, syringes, needles, tubing) is basic and widely available.

General

A diagnostic procedure that can be performed in the clinic or office. It is an inexpensive way of obtaining evidence for a differential diagnosis of ascites.

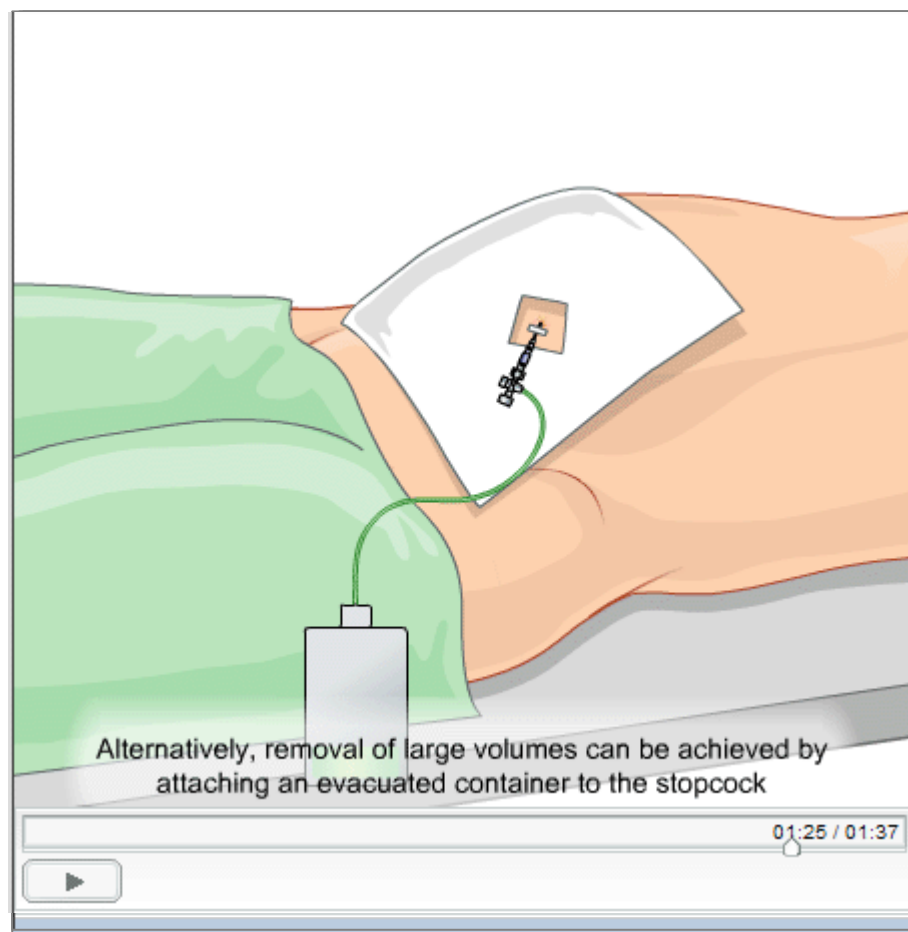
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四、操作程序－例：腹部穿刺术

腹部穿刺术视频

(Flash视频经过截屏处理)

- 1. Position patient
- 2. Select puncture site
- 3. Clean and prepare to anesthetize
- 4. Anesthetize
- 5. Insert needle
- 6. Test for fluid aspiration
- 7. Draining fluid
- 8. Finish procedure



五、检索功能



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Search First Consult for abdominal **输入关键词** Search

Medical Topics Differential Diagnoses Procedures **选择检索范围**

Print

Results for "abdominal"

> Expand Search to Entire Site for **abdominal**

Results 1 - 20 of 617 << Previous | N

First Consult provides evidence-based answers for the point of care.

- 1 Abdominal rigidity - Differential Diagnosis
- 2 Abdominal pain, chronic/recurrent - Differential Diagnosis
- 3 Abdominal bloating - Differential Diagnosis
- 4 Abdominal pain, generalized/periumbilical - Differential Diagnosis
- 5 Abdominal pain, left lower quadrant - Differential Diagnosis
- 6 Abdominal pain, right upper quadrant/epigastrium - Differential Diagnosis

检索结果按照相关性智能呈现



- 检索词汇可以包含连词 “AND, OR, NOT” (如 murmur and pain)

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为医生及医学生提供或者评估、诊断、管理和预后等方面权威的持续更新的循证医学指导,帮助医生及医学生提高诊断及外科技术

谢谢